

**POWER MAX**  
Fitness™

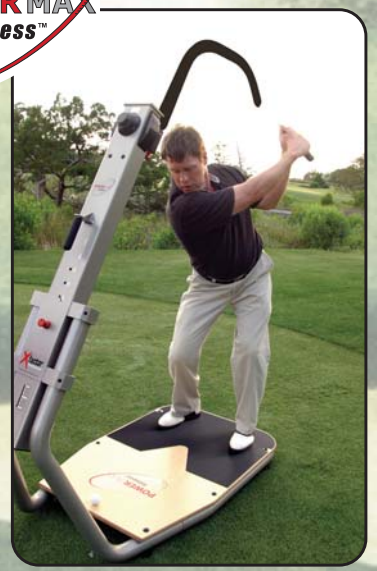
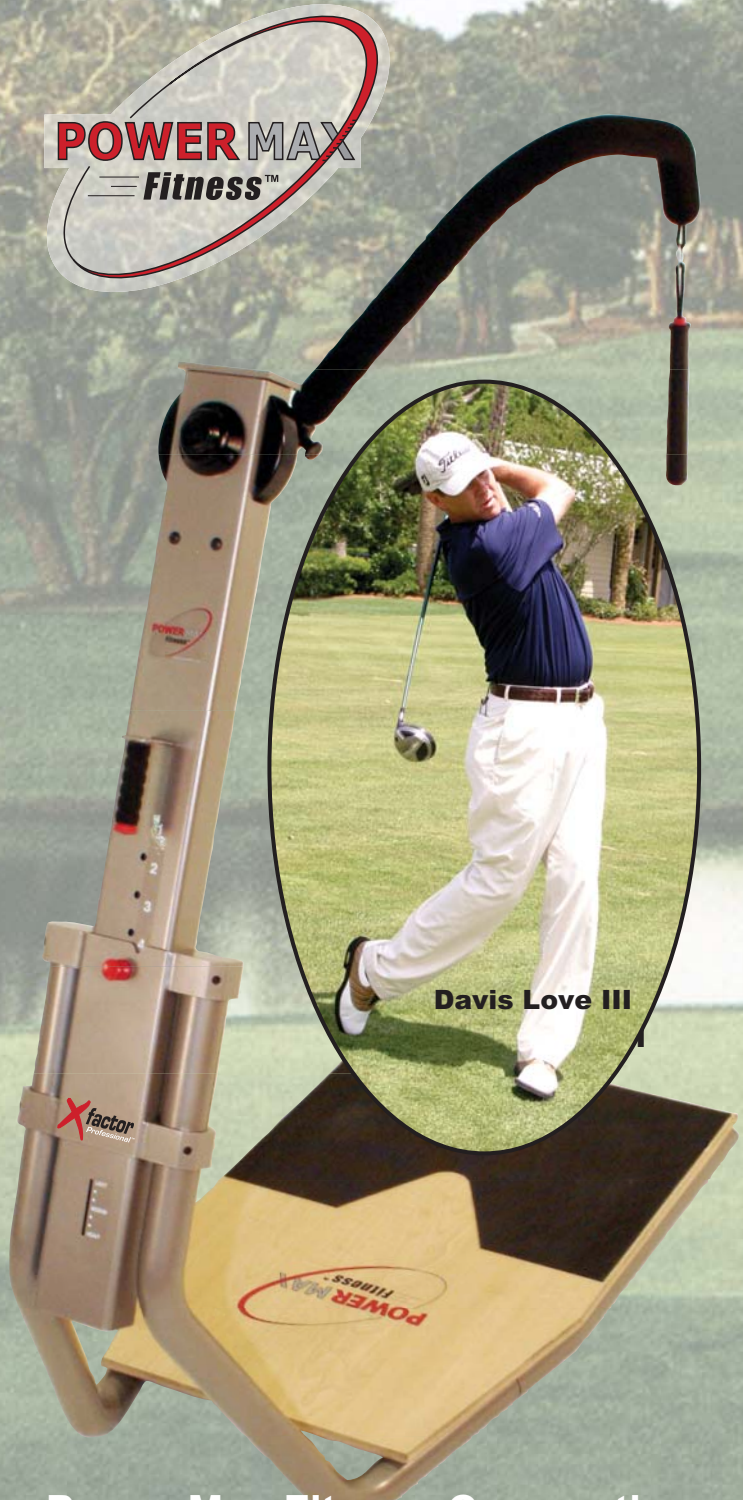
The New **Swing Machine**

# X factor Professional™



***"I can definitely recommend it."***

**Davis Love III**



**Power Max Fitness Corporation**  
678-738-8000 • Fax: 678-738-8004

**[www.powermaxfitness.com](http://www.powermaxfitness.com)**

**Stretch, Strengthen & Stay On-Plane**

*"The X-factor Swing Machine from Power Max Fitness really is a fantastic piece of equipment. I use it. I like it. And I really think it's helped my game. After 3 years with the Power Max Fitness equipment at Sea Island, I can definitely recommend it."*

### **Davis Love III**

Davis Love III began his Professional golfing career in 1985 and has since spent several years in the Top 10 of the Official World Golf Rankings. Winner of 18 PGA Tour events including the 1997 PGA Championship and 2 International events, Davis has earned over \$30 million in prize money over his 20-year professional career and continues to be one of the most productive and talented Tour players in the World.



*"I've been involved as a player and instructor in competitive golf for 50 years and during that time I've never seen a piece of equipment that offers the advantages that the X-factor Swing Machine does."*

### **Jack Lumpkin**

Jack Lumpkin is Senior Director of Instruction at the Sea Island Golf Learning Center. Jack has over 50 years of golf teaching experience and was selected the PGA Teacher of the Year in 1995 and is identified by Golf Magazine as one of the Top 100 Teachers in the U.S. He was the 12th ranked teaching pro in the U.S. and 1st in the state of Georgia in Golf Digest's National Rankings for 2005. Jack has been the personal swing instructor to PGA Tour Professional Davis Love III throughout his Tour career.

*"As Director of Instruction at the Sea Island Golf Club, I love using the Power Max Fitness machine because it reinforces the fundamentals that we teach and it will help improve your golf game."*

### **Todd Anderson**

Todd Anderson is Director of Instruction at the Sea Island Golf Learning Center. He is currently a Contributing Teacher for Golf Magazine and was featured on the cover of the December, 2004 issue. Todd is ranked one of "America's 50 Greatest Teachers" by Golf Digest, is one of Golf Magazine's "Top 100 Teachers" and was ranked as the 27th teaching pro in the U.S. according to Golf Digest's National Ranking for 2005. Todd has had over 35 of his instructional articles published.



*"I use the Swing Machine X-factor professional. It is an incredible workout station for stretching, training and strengthening the golf muscles for increased stamina and more distance."*

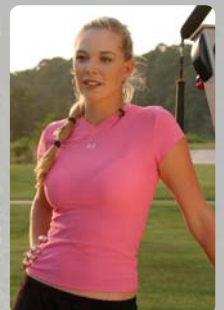
### **Randy Myers**

Randy Myers is Director of Fitness at the Sea Island Golf Learning Center. He has been a pioneer for the last 20 years in biomechanics, exercise physiology and core strengthening. Randy has been a Professional Advisor for Golf Digest since 2000 and is a Founding Member of the Titleist Performance Institute. He has had over 50 articles published in various journals and magazines addressing golf specific fitness, stretching and flexibility, strengthening for the golf swing and rehabilitation. Randy is currently working with over 100 Tour professionals including Davis Love III.

*"It helps keep me flexible so I can make a big turn and it strengthens my core muscles so I can really increase my clubhead speed."*

### **May Wood**

May Wood is an up and coming star who is currently competing on the Futures Tour. May began her professional career in July of 2004 after establishing herself as a serious competitor at the collegiate level as a member of the Vanderbilt College Team and being named as the 2004 SEC Player of the Year. May, at 6'2" tall is one of the longest drivers on her Tour with tee shots ranging to 300 yards.



# More Distance • Better Golf

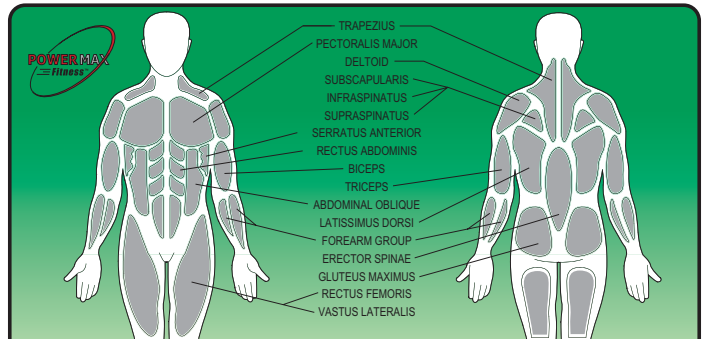
- GAIN 20, 40, 60 YARDS FROM THE TEE
- ESTABLISH MUSCLE MEMORY TO REPEAT THE PERFECT SWING
- REINFORCE PROPER SWING PLANE
- INCREASE FLEXIBILITY FOR WIDER, MORE COMPLETE TURN
- RECLAIM LOST SWING STRENGTH
- DEVELOP SPEED GENERATING DELAYED RELEASE
- STRETCH, STRENGTHEN AND REHABILITATE
- PRACTICE CORRECT HAND AND ARM POSITION
- ADD MORE DISTANCE WITH EVERY CLUB IN YOUR BAG
- BUILD ROTATIONAL POWER COIL
- ELIMINATE OVER THE TOP MOVE
- GET IN SHAPE AND BUILD STAMINA

**FULL-TIME DUAL DIRECTION**  
for balanced strengthening



Right Hand Swing / Left Hand Swing

## What Drives Your Driver?™



These are the muscles known to contribute to a powerful swing. This is the "swing engine" that Drives Your Driver. The Swing Machine by Power Max Fitness stretches and challenges these swing specific muscles while it encourages an on-plane swing motion and perfect hand position.



**Build proper hand position and encourage a delayed release for explosive drives and higher, longer irons**



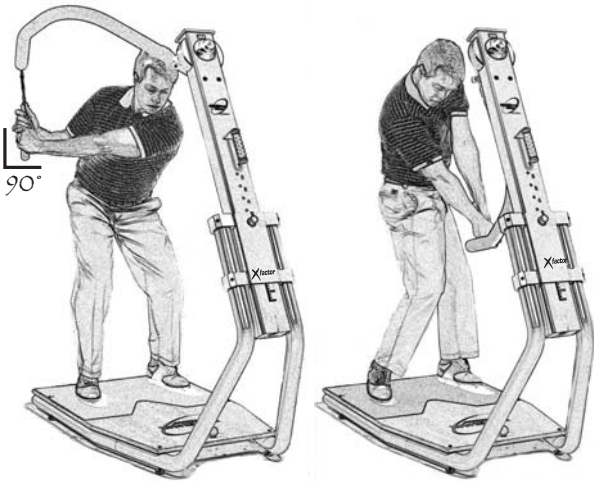
Jack Lumpkin with Davis Love III

**Four starting positions and multiple golf-specific exercises and drills so you can customize your golf routine**



**Swing Stronger • Hit Longer™**

# Step *Onto* the Swing Machine X-factor Professional™ and *Into* Your Best Game of Golf



PRACTICE CORRECT HAND AND ARM POSITION

## Used and Recommended by Professionals

- The ultimate dual-direction golf-specific stretching device for a more flexible, relaxed backswing
- Adjustable resistance to strengthen all the swing related muscles for increased power
- Mechanically guided path to encourage and reinforce the correct swing plane and groove the muscle memory for straighter, more consistent ball flight
- Dynamic Rotational Resistance™ trains the muscle firing sequence for better swing tempo
- Biomechanically engineered grip path develops proper hand position throughout the swing motion
- Stand-up operation allows twisting crunches for a slimmer, more athletic build
- Perfect for teens through seniors, men and women

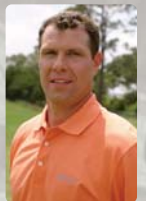


Davis Love III

Join Top Ranked Instructor Todd Anderson and Golf Fitness Expert Randy Myers as they explain how the Swing Machine X-factor will help you build a Stronger, more Flexible and more Fundamentally Perfect Golf Swing.



Instructional DVD Included with each Swing Machine X-factor Professional



Randy Myers



Todd Anderson

Distance technology in clubs and balls has peaked. If you want more power, greater distance and better control, let the Swing Machine *X-factor Professional*™ develop the core strength and swing flexibility you need to hammer your longest, straightest golf shots.



Visit our Website for Details and Additional Information

[www.powermaxfitness.com](http://www.powermaxfitness.com)

U.S. and Foreign Patents Pending

